**Coronavirus Resources**

* **Coping During Covid 19** - Childmind.org:
	+ <https://childmind.org/coping-during-covid-19-resources-for-parents/>
* **Resources for Families During the Coronavirus Pandemic** - Commonsense Media:
	+ <https://www.commonsensemedia.org/resources-for-families-during-the-coronavirus-pandemic?j=7704934&sfmc_sub=170705329&l=2048712_HTML&u=143543082&mid=6409703&jb=1011&utm_source=covid19_landingpages_jim&utm_medium=email>
* **Book:** The Yucky Bug by Julia Cook
	+ <https://youtu.be/ZD9KNhmOCV4>
* **Book:** I am a Booger: Treat Me with Respect by Julia Cook
	+ Teaches the importance of proper hygiene
* **World Health Organization’s** [Helping children cope with stress during the 2019-nCoV outbreak](https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2)
* **A coronavirus story** for Littles
	+ <https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_319c5acf38d34604b537ac9fae37fc80.pdf>
* **How you and Your Kids Can Destress** During Coronavirus - PBS.org:
	+ <https://www.pbs.org/parents/thrive/how-you-and-your-kids-can-de-stress-during-coronavirus>



**Financial Resources to Aid Families during the Corona Virus Outbreak**

* **Issaquah Food Bank**: [Coronavirus Response FAQ's](https://www.issaquahfoodbank.org/temporary-closure-faqs)
* **Issaquah School District** support - technology, student meals, child care info: <https://issaquah.wednet.edu/news-details/2020/03/19/isd-supports-isd-offers-laptops-and-hotspots-during-school-closure-nutrition-and-meals-and-school-aged-child-care-survey>
* **King County**’s 2-1-1 Resource Line: <https://www.crisisconnections.org/king-county-2-1-1/>
* **Unemployment due to COVID 19:**  <https://www.uwkc.org/news/unemployed-due-to-coronavirus-pandemic-heres-where-to-get-help/?fbclid=IwAR0gLU9w1rFDq13Wqy5XpXY80oNCCM8JVeR5Mp_86tupXmr1lcEno2oIEok>
* **Comcast Internet:**
	+ [htts://corporate.comcast.com/covid-19](https://corporate.comcast.com/covid-19)
	+ Reduced Cost Internet Program: <https://www.internetessentials.com/covid19>